



EDUCATION TRAINING CONSULTANCY



qualsafe
registered centre

Qualsafe Level 2 Award in Activity First Aid (RQF)



2 day
course



Ofqual
regulated



Certificate
valid for 3 years



Course Overview

Would you know how to provide effective first aid in an emergency?

The Qualsafe Level 2 Award in Activity First Aid (RQF) is a regulated and nationally recognised qualification designed for those who have a responsibility to provide first aid in activity based environments.

Successful candidates will gain the knowledge and skills needed to treat a range of conditions that could occur during any form of activity, from life threatening illnesses to minor injuries.

What's Covered?

- ✚ The role and responsibilities of a first aider
- ✚ Assessing an incident
- ✚ Managing an unresponsive casualty
- ✚ CPR and defibrillation
- ✚ Recovery Position
- ✚ Heart Attack
- ✚ Stroke
- ✚ Head, neck and back injuries
- ✚ Chest and abdominal injuries
- ✚ External bleeding and shock
- ✚ Burns and scalds
- ✚ Choking
- ✚ Poisoning
- ✚ Anaphylaxis
- ✚ Asthma
- ✚ Diabetes
- ✚ Epilepsy and seizures
- ✚ Treatment for hot and cold temperatures
- ✚ Minor injuries
- ✚ Sprains, strains, fractures and dislocations
- ✚ Eye injuries

Book Now with
URSA ETC

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